The mission of the Virginia Family to Family (VA F2F) Health Information and Education Center is to ensure that families of children and young adults with special health care needs obtain optimal and current knowledge and services through quality information and referral, mentoring and leadership support.

WE CAN HELP!

Call Toll free:
(877) 264-8366

or call
(804) 330-5030

Did you know that in Virginia there are over 270,000 children with special health care needs?

The parents of children with special health care needs have to navigate a system in which

- supports and services are hard to find,
- services are fragmented and not fully funded, and
- they are often left with more questions than answers.

The VA Family to Family Health Information and Education Center is here to help answer the questions facing many Virginia families.
The Virginia Family to Family (VA F2F) Health Information and Education Center is a place for families to call for emotional, informational, and advocacy support.

Through the VA F2F Center, families have access to:

- One place to call for accurate information and referrals to other support services.
- Parent to parent peer support.
- Support for their advocacy efforts.
- Educational opportunities for learning about special education, transition, person-centered planning, private and public health insurance, Medicaid Waivers, and more.
- Help with identifying the needs of their child and the family, and how to get them met.

The VA F2F Center provides support to families of children and young adults with special health care needs, and those who work with them.

- Are you the parent of a child with disabilities, chronic illness and/or special health care needs?
- Are you a provider working with families with children with disabilities and/or special health care needs?
- Do you feel like you are all alone and would like to talk to someone with information and experience?
- Have you had problems finding quality medical services or finding the resources to pay for them?
- Are you caught in the special education maze?
- Are you tired of making many phone calls before you get an answer to your question?

Please call for more information on how we can help you get the answers you need.

The VA F2F Center is a collaborative effort among the three organizations listed below, each of which has parent staff who have children with disabilities and/or special health care needs. We’ve been there. We want to give you information and help you find services and supports for children and families.

**Center for Family Involvement** at the Partnership for People with Disabilities at Virginia Commonwealth University
- **Eileen Hammar**
  - VA F2F Center Director
  - (804) 827-0202
ehammar@vcu.edu

- **Vicki Beatty**
  - VA F2F Center Staff
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  - vbeatty@vcu.edu

**Medical Home Plus**
- **Vicki Hardy-Murrell**
  - VA F2F Center Information Specialist
  - (804) 330-5030
  - vhardy-murrell@medhomeplus.org

**Parent to Parent of Virginia**
- **Dana Yarbrough**
  - (804) 828-0352
  - PTPofVA@aol.com